



Health & Safety Statement



(01) 628 2299



Roselawn, Ballydowd, Lucan, Co.
Dublin.



admin@colaistephadraig.com

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The following Health & Safety Statement has been developed in line with the requirements of the Safety, Health & Welfare at Work Act 2005.

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APPROVED BY
Board of Management

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Health & Safety Statement

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1. Health & Safety Statement

This Safety Statement, in accordance with Section 20, Safety, Health and Welfare at Work Act 2005, outlines the policy of which has been developed in consultation with the School Board of Management and school staff. It will be revised on a yearly basis or as required by changes in legislation and communicated to all staff through regular staff meetings and training programs.

We are committed to meeting all relevant statutory requirements that relate to occupational safety, health and welfare. We are committed to managing and conducting work activities in such a way as to ensure, so far as is reasonably practicable, the safety, health and welfare at work of their staff and others who may be affected by our activities. This will be achieved by the following (so far as is reasonably practicable):

- The provision of a safe place of work, including safe access and egress.
- The provision of safe plant and equipment.
- The provision of safe systems of work.
- The provision of welfare facilities.
- The provision of appropriate information, instruction, training and supervision.
- Determining and implementing appropriate preventative and protective measures.
- Having regard to the general principles of prevention.
- The provision of emergency plans and procedures.
- Reporting prescribed accidents and dangerous occurrences to the Health & Safety Authority.
- Obtaining, where necessary, the services of a competent person to advise on health and safety.

The detailed arrangements for achieving these objectives are set out in the main body of the Safety Statement. The Principal together with the Board of Management has overall responsibility for health and safety at the school. Staff share a responsibility with management in ensuring their own safety while at work. This Safety Statement requires the co-operation of all staff, visitors, contractors and others to enable Coláiste Phádraig to discharge its responsibilities under the law.

Coláiste Phádraig is committed to upholding the standards outlined in this Safety Statement. Sufficient authority and resources, both financial and otherwise, will be made available to enable staff to carry out their responsibilities in a reasonable and efficient manner. All staff will be made aware of and have access to this Safety Statement. The Safety Statement will also be available to third parties where appropriate.

The Safety Statement will be reviewed annually in light of experience and future developments within the organisation.

Signed: _____
Chairperson Board of Management

Signed: _____
Principal

Date: _____

Date: _____



2. About Us



Coláiste Phádraig was established in September 1969 with a population of two teachers and forty five students. The original school building consisted of one prefab which was added to as the schools population increased.

In autumn of 1978, Coláiste Phádraig moved into a permanent building. By that time, the population of the school had risen to four hundred students and thirty teachers. As the school grew, so too did the curriculum. Transition Year and LCVP were added to the curriculum and both programmes remain features of Coláiste Phádraig to this day.

As Lucan has grown, so too has Coláiste Phádraig. By the year 2000, the existing school building was no longer adequate for a school which was growing year on year. Plans were drawn up for an extension which would include state of the art computer rooms, science laboratories, language laboratories and a careers library. Designs were submitted for new Metalwork and Woodwork rooms as well as a state of the art gym. The new extension was completed in 2004 and has provided the staff and students of Coláiste Phádraig with facilities that greatly enhance the life of the school.

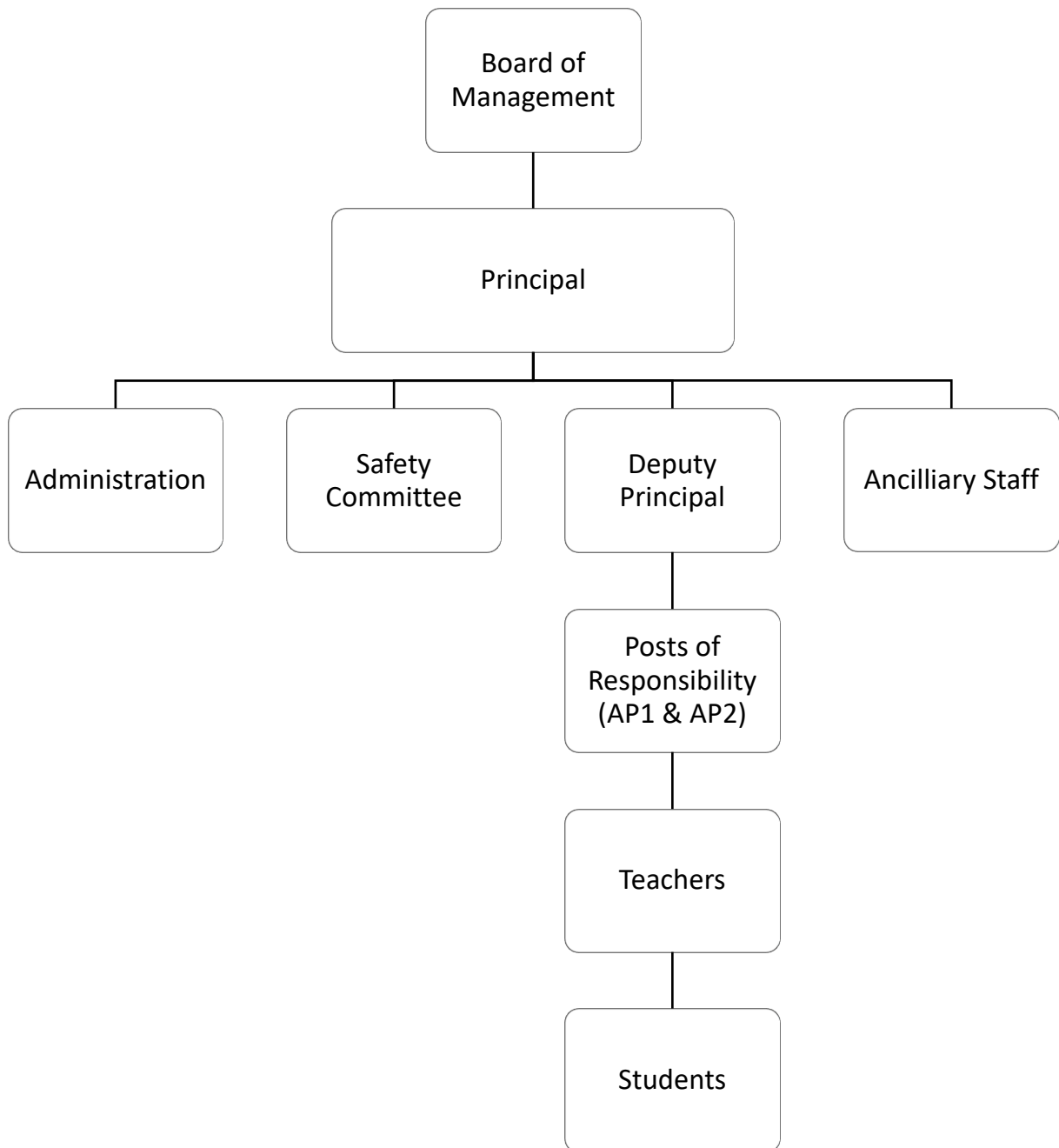
Today, Coláiste Phádraig caters for over six hundred students and a teaching staff of fifty five along with our ancillary staff. Our school has evolved with Lucan and the surrounding areas while retaining our ethos and traditional values of learning and achievement in the various aspects of our school life.

For almost fifty years, Coláiste Phádraig has catered for the educational, spiritual, cultural, social and sporting needs of the students who have passed through our doors. We strive to continue this proud tradition into the future.



3. Organisational Chart

The school is governed by a board of management. The Principal manages the school including all aspects of Health and Safety with the teachers and staff.



4. Physical Health & Safety Resources



Some of the measures taken by the school to ensure the physical safety of the students include:

- Evacuation Plan formulated and clearly visible in each room and regular fire drills;
- Fully functional and regularly serviced Fire Alarm System in high risk areas;
- Fire exits and extinguishers are regularly checked;
- Doors are locked during school hours;
- First Aid Kits located throughout the school;
- Defibrillator located on site;
- Supervision in the school before and after school and during all breaks;
- Established Code of Behaviour (with behavioural expectations for the creation of a safe environment);
- Induction for all new students;
- Security doors & Security perimeter fencing;
- Covid-19 control measures in place including the use of sanitisers, signage etc. (Please refer to the School's Covid-19 Response Plan).



5. Psychological Health & Safety Resources

The management and staff of Coláiste Phádraig aim to use available programmes and resources to address the personal and social development of students, to enhance a sense of safety and security in the school and to provide opportunities for reflection and discussion. Some of the measures include:



- Establishment of Year Heads Teams, Pastoral Care Team, Special Educational Needs Team.
- Availability of Guidance Counsellors & SEN Coordinator.
- Senior Student Mentors.
- Comprehensive External Talks Program.
- Social, personal and health education (SPHE) is integrated into the work of the school. It is addressed in the curriculum by addressing issues such as grief and loss; communication skills; stress and anger management; resilience; conflict management; problem solving; help-seeking; bullying; decision making and alcohol and drug prevention. Promotion of mental health is included in this provision. Staff have access to training for their role in SPHE.
- Staff are familiar with the Child Protection Procedures and the Principal is the Designated Liaison Person.
- Information is provided to students on mental health in general and such specific areas as signs and symptoms of depression and anxiety.
- The school has developed links with a range of external agencies including:
 - NEPS;
 - CAMHS;
 - Social Services;
 - NCSE;
 - NEWB;
 - Túsla;
 - SENO;
 - SPHE National Coordinator;
 - Jigsaw;
 - Garda;
 - Neighbouring schools;
 - PDST;
- Inputs to students by external providers are carefully considered in the light of criteria about student safety, the appropriateness of the content, and the expertise of the providers.
- There is a care system in place in the school comprised of the Principal, the Deputy Principal, the Guidance Counsellor, the SEN Coordinator, and the relevant Year Heads to meet regularly to review provision of care and to address specific cases.
- Students who are identified as being at risk are referred to this team, concerns are explored and the appropriate level of assistance and support is provided. Where appropriate, parents are informed and a referral is made to an appropriate agency.



6. Very High Risk / High Risk/Vulnerable Students (in the context of Covid-19)



- Coláiste Phádraig will follow the DES Circular 0042/2021 in respect of Teachers and SNAs.
- Any employee who is over 70 years of age will also submit a Covid-19 Risk Assessment Questionnaire to the OHS, before they can attend the workplace.
- Risk Assessments will be conducted, and arrangements will be established to safeguard these employees.
- DES Circulars / Public Health advice will be followed at all times regarding vulnerable students.

7. Responsibilities – Board of Management

Coláiste Phádraig is run by a Board of Management, on behalf of the Trustees, The Edmund Rice Schools Trust (ERST). The Board of Management has the overall responsibility for the running of the school, with the day-to-day management delegated to the Principal. There are eight members on the current Board.

All the members of the Board are appointed by the trustees, ERST. The eight members of the Board are, four representatives from the Trustees (ERST), two members are selected by the teaching staff and two members are elected by the Parents' Association. The Board of Management works in a spirit of co-operation and partnership in order to ensure that the best environment is provided for our school community.

The Board of Management is responsible for occupational health and safety management and performance in the school. The Board is aware of the duties imposed on themselves, the school and its staff by health and safety legislation.



- The Board are responsible for ensuring that adequate financial and physical resources are provided to deal adequately with occupational health and safety issues as they arise.
- The Board of Management will at each of its meetings include health and safety on its agenda, reviewing performance for the previous period and dealing with any key issues that have been brought to its attention.
- The Board will on an annual basis, review occupational health and safety policies and performance in the school.
- The Board may be requested or request to review specific issues during the year as the need arises.

8. Responsibilities – The Principal

The Principal has executive responsibility for the day-to-day management and co-ordination of occupational health and safety matters in the school in accordance with the health and safety policy agreed by the Board of Management. The Principal is responsible for the following:



- Implementing the health & safety policy and the Covid-19 Response Plan.
- Ensuring that suitable and sufficient arrangements exist to identify all foreseeable significant risks and the measures necessary to eliminate or reduce them to an acceptable level i.e. coordinate risk assessments.
- Ensuring that routine inspections are carried out to ensure the workplace is adequate as regards health, safety and welfare.
- Ensuring that all services to buildings including all firefighting and fire prevention equipment are well maintained.
- Ensuring that all statutory examinations and inspections of facilities and equipment are carried out and that records are maintained.
- Carrying out statutory reporting of accidents i.e. to the H.S.A.
- Ensuring that teachers and any person given specific duties, are aware of their responsibilities. are given sufficient information, training and time to perform their duties, and their activities are co-ordinated and monitored.
- Ensuring that there are adequate arrangements for communication and consultation between staff, management i.e. the Safety Representative.
- Ensuring that reports from staff on potential hazards are acted upon.
- Keeping abreast of health and safety legislation.
- Ensure that a minimum of one evacuation drill per term is carried out.

9. Responsibilities – Deputy Principal

Deputy Principal assume the responsibilities of the Principal in health & safety matters in the absence, for any reason, of the Principal. In the day-to-day running of the school, Deputy Principal have the following responsibilities:



- Continue to adhere to the Covid-19 Response Plan.
- Assist in implementing the health and safety policy.
- Keeping abreast of the duties of the school and its staff.
- Insisting that sound and safe working practices are observed at all times.
- Being familiar with fire drills and evacuation procedures.
- Arranging a suitable rota for teachers to attend safety training courses.
- Arranging for supervision of external areas and arrange random patrols of grounds within the site perimeter in conjunction with the Principal.
- Arrangement for the supervision of classes when teachers are ill or absent.

10. Responsibilities – Teachers

Teachers are responsible for the day-to-day management of health and safety in their classroom and other areas affected by their teaching. Part 2, Chapter 2, Section 13 of the *Safety, Health and Welfare at Work Act 2005* outlines the general duties of staff. The responsibilities of the teachers include the following:



- Continue to adhere to the Covid-19 Response Plan.
- Ensuring an interest in and enthusiasm for health, safety and environmental matters is promoted and a good personal example is set.
- Taking reasonable care for his/her own safety, health and welfare and that of any other person who may be affected by his/her acts or omissions.
- Carrying out routine inspections (each term) to ensure the classroom/work area is safe and passing on this information to the safety committee.
- Ensuring that equipment, furniture and classroom are adequately maintained and safe for student's use.
- To report to the Principal without unreasonable delay, any defects in equipment, place of work or system of work, which might endanger safety, health or welfare, of which he/she becomes aware.
- Carry out room specific risk assessments.
- Carry out risk assessments relating to students with special education needs in their classroom to ensure they do not endanger themselves or others. Liaise with the SEN coordinator / SNA as needed.
- Ensuring that any measures identified as necessary by the risk assessments are fully implemented as soon as is reasonably practicable.
- Investigating, recording and reporting incidents/accidents that occur in their domain, as detailed in the school incident reporting procedure.
- Adequately supervising, instructing, informing and training students to enable them to participate in school activities safely.
- Wearing and insisting that all students wear personal protective clothing/equipment and apparel when needed.
- Bringing any problem that is outside the remit or authority of the teacher to the Principal's attention.
- Taking a full and active part in all training programs for safety that the school organises.
- Actively participating in fire safety including drills and firefighting training, being familiar with firefighting equipment and its uses and ensuring that students are aware of evacuation procedures.



11. Responsibilities – SEN Department including SNA's

SEN Department incl. Special Needs Assistants have responsibilities for the students in their care. Chapter 2, Section 13 of the *Safety, Health and Welfare at Work Act 2005* outlines the general duties of staff. The responsibilities of the SEN Department incl. Special Needs Assistants of Coláiste Phádraig include the following:



- Continue to adhere to the Covid-19 Response Plan.
- Ensuring an interest in and enthusiasm for health, safety and environmental matters is promoted and a good personal example is set.
- Taking reasonable care for his/her own safety, health and welfare and that of any other person who may be affected by his/her acts or omissions while at work.
- Participate in risk assessments relating to students with Special Education Needs in classrooms to ensure they do not endanger themselves or others. Liaise with the relevant teacher / SEN Coordinator / External Agency as needed to implement appropriate control measures and safeguards.
- To report to the Principal without unreasonable delay, any defects in equipment, place of work or system of work, which might endanger safety, health or welfare, of which he/she becomes aware.
- Following manual handling procedures if lifting students.
- Taking a full and active part in all training programs for safety that the school organises.
- Actively participating in fire safety including drills and firefighting training, being familiar with firefighting equipment and its uses and ensuring that the students in their care are aware of evacuation procedures.

12. Responsibilities – Learning Support Staff

Learning Support Staff have responsibilities for the students in their care. Chapter 2, Section 13 of the *Safety, Health and Welfare at Work Act 2005* outlines the general duties of staff. The responsibilities of the Learning Support Staff in Coláiste Phádraig include the following:



- Continue to adhere to the Covid-19 Response Plan.
- Ensuring an interest in and enthusiasm for health, safety and environmental matters is promoted and a good personal example is set.
- Taking reasonable care for his/her own safety, health and welfare and that of any other person who may be affected by his/her acts or omissions while at work.
- Participate in risk assessments relating to students with Special Education Needs to ensure they do not endanger themselves or others. Liaise with the relevant Persons / External Agency as needed to implement appropriate control measures and safeguards.
- To report to the Principal without unreasonable delay, any defects in equipment, place of work or system of work, which might endanger safety, health or welfare, of which he/she becomes aware.
- Following manual handling procedures if lifting students.
- Taking a full and active part in all training programs for safety that the school organises.
- Actively participating in fire safety including drills and firefighting training, being familiar with firefighting equipment and its uses and ensuring that the students in their care are aware of evacuation procedures.



13. Responsibilities – Health & Safety Post

The Health & Safety Post is a member of the safety committee and may consult with and make representations to the Principal on safety, health and welfare matters relating to the staff in the place of work. The functions of the Health & Safety Post include:



- Actively participate in the Safety Committee.
- Make representations to the Principal on safety, health and welfare in the school.
- Carry out routine inspections to ensure the school is adequate as regards health, safety and welfare.
- Maintain the actions on the school Health & Safety Calendar.
- Carry out inspections to ensure that all statutory examinations and inspections of facilities and equipment are in place and that records are maintained.
- Carry out inspections to ensure that records relating to Health and Safety are maintained.
- Coordinate the completion of risk assessments by relevant members of staff.
- Coordinate the Fire Drills once per term and complete the relevant fire drill report for the Principal.

14. Responsibilities – Safety Committee

The Safety Committee is made up of staff. They have responsibility for the following:



- Continue to adhere to the Covid-19 Response Plan.
- Co-ordinate the school's health and safety management system.
- Act as a conduit for the two-way exchange of information between management and staff in relation to matters of safety, health and welfare.
- Make recommendations on amendments to the Safety Statement.
- Consider methods of promoting health and safety within the school.
- coordinate periodic inspections to ensure that the safety programme is being carried out.
- collate inspection forms.
- ensure that emergency procedures and contingency plans have been formulated in the event of a fire and instruct teachers and students on emergency procedures.
- Ensure that the Safety Statement including risk assessments is periodically revised.
- Ensure that all staff members have access to the Safety Statement and have read and understood it.
- Ensure regular inspections of the premises are carried out and remedial action taken where necessary.
- Ensure that an accident report form is completed for all accidents and that all accidents are investigated.
- Monitor the systems for ensuring that fire precautions are adequate.

15. Responsibilities – Safety Representative

The Safety Representative may consult with and make representations to the Board of Management on safety, health and welfare matters relating to the staff in the place of work. The Board of Management must consider these representations, and act on them if necessary. The intention of these consultations is to prevent accidents and ill health, to highlight problems, and identify means of over-coming them. Consultations are particularly important when changes are taking place, for example when drawing up a safety plan, or introducing new technology or work processes, including new substances. They also have a part to play in long established work practices and hazards.

The functions of the safety representatives also include:



- Accompanying an HSA inspector carrying out an inspection under Section 64 of the 2005 Act other than the investigation of an accident or a dangerous occurrence (although this may be allowed at the discretion of the inspector).
- At the discretion of a HSA inspector, and where the employee concerned so requests, be present when an employee is being interviewed by an inspector about an accident or dangerous occurrence at a place of work.
- Make representations to the Board of Management on safety, health and welfare at the place of work.
- Make verbal or written representations to HSA inspectors including on the investigation of accidents or dangerous occurrences.
- Receive advice and information from HSA inspectors in relation to safety, health and welfare at the place of work.
- Consult and liaise with other safety representatives appointed in the same undertaking.

16. Responsibilities – Administrative Staff

Part 2 Chapter 2 Section 13 of the *Safety, Health and Welfare at Work Act 2005* outlines the general duties of staff. The responsibilities of the clerical staff are outlined below:



- Continue to adhere to the Covid-19 Response Plan.
- Actively participating in fire safety including drills and firefighting training and being familiar with firefighting equipment and its uses.
- Carrying out routine inspections (each term) to ensure the office is adequate as regards health, safety and welfare and passing on this information to senior management.
- Maintaining a list of emergency numbers.
- Reporting any defects in office equipment to the Principal as soon as possible.
- Taking reasonable care for their own safety, health and welfare and that of any other person who may be affected by their acts or omissions while at work.



17. Responsibilities – Maintenance Staff



Maintenance Staff have responsibility for the general care and maintenance of the school. As such in respect of occupational health and safety they have specific responsibilities to:

- Adhere to the Covid-19 Management Plan and the measures set out in that document.
- Take reasonable care for their own safety, health and welfare and that of any other person who may be affected by his acts or omissions while at work.
- Co-operate with the Principal on matters relating to Health & Safety.
- Carrying out routine inspections to ensure all areas are adequate as regards health, safety and welfare.
- Report to the Principal, without unreasonable delay, any defects in plant, equipment, place of work or system of work, which might endanger safety, health or welfare of students and staff, of which they become aware.
- Make correct use of personal protective equipment, machinery, apparatus, tools, dangerous substances and any other equipment.
- Be thoroughly familiar with machinery and power equipment before attempting to use it.
- Ensure that no people have access to areas whilst work is in progress.
- Prevent the build-up of rubbish and especially of combustible material.
- Maintain furniture, equipment or the work environment that are within their capabilities.
- Not carry out any tasks that they are not competent or permitted to carry out or which involves unreasonably high risks.
- Get help if there is any doubt whether an object to be moved is too heavy for one. Use any devices provided for assistance. Do not attempt to lift heavy loads single-handed.
- Take a full and active part in all training programs for safety that the school organises.



18. Responsibilities – Cleaning Staff



Cleaning staff have responsibility for the general cleanliness and hygiene of the school. Part 2, Chapter 2 Section 13 of the *Safety, Health and Welfare at Work Act 2005* outlines the general duties of employees. As such in respect of occupational health and safety they have specific responsibilities to:

- Adhere to the Covid-19 Management Plan and the measures set out in that document.
- Take reasonable care for their own safety, health and welfare and that of any other person who may be affected by their acts or omissions while at work.
- Co-operate with the Principal and any other person to such extent as will enable the Principal or the other person to comply with any of the relevant statutory provisions.
- Report to the Principal, without unreasonable delay, any defects in plant, equipment, place of work or system of work, which might endanger safety, health or welfare, of which she becomes aware.
- Know what to do in case of fire, familiarise themselves with the best escape route from their workstation so that in the event of an emergency they are able to lead themselves to safety.
- Attend to spillages immediately and to barricade the area until completely dry.
- Dispose of rubbish as soon as possible to avoid build up.
- Avoid leaving trailing cables. If this is necessary use a notice to the effect that cleaning is in progress.
- Ensure all mats and carpets are properly laid and uncrumpled.

19. Responsibilities – Contractors

It is the responsibility of all contractors i.e. Canteen, Electrical, Plumbing etc. to:



- Continue to adhere to the Covid-19 Response Plan.
- Ensure that all their employees comply with Coláiste Phádraig safety rules and procedures.
- Not to put at risk any of the employees or students of Coláiste Phádraig.
- Promptly report all accident / incidents to the Principal.
- Produce their safety statement, method statement and any other safety documentation to Coláiste Phádraig on request.
- Carry appropriate insurance cover.
- Take all safety precautions with systems of work, equipment, personal protection etc..
- Ensure all equipment and tools brought onto the school's premises be of sound construction and meet the statutory requirements applicable to these tools or equipment.
- Cordon off the boundaries of the contractor's operation, where possible, and mark them with warning signs.
- Follow strictly the permit to work system in force at the time of contract.
- Comply with all relevant legal obligations in particular the provisions of the *Safety, Health and Welfare at Work Act, 2005*, the *Safety Health and Welfare (General Application) Regulations 2007 - 2016* and the *Safety Health and Welfare (Construction Regulations) 2013*.



20. Health & Safety Policy Introduction

This part of the policy provides details of Coláiste Phádraig's general arrangements for health and safety. It is the school's policy to bring arrangements to the attention of all staff and other relevant parties.



- General policies included in the following sections include:
 - Emergency arrangements for fire evacuations including alarm types, escape routes, assembly points and general instructions.
 - Arrangements for first aid, including location of first aid facilities.
 - Arrangements for reporting accidents and other incidents.
 - Arrangements for reporting defects and hazards.
 - The names of any persons given special duties or responsibilities.
 - Information about any special risks and the arrangements for their control.

21. Advice & Assistance



- Staff can obtain advice and assistance on health and safety matters from the Principal and Safety Representative.
- Matters will be dealt with on a case by case basis.

22. Accident Investigation & Reporting

It is the policy of Coláiste Phádraig to comply with all statutory requirements regarding the reporting of incidents, accidents and dangerous occurrences. All accidents, whether they result in injury or not, and ill health, must be reported, recorded and where appropriate, investigated.

All accidents must be reported by the teacher or other employee to the Principal / Safety Committee using the School Accident Report Form within the time frames set out in the table below.

Reporting Requirements	Incident/Accident Type	By Whom	To Whom
1 Internal	All	Anyone	Principal
2 Health and Safety Authority (H.S.A.)	Any accident that occurs at a place of work causing death or injury to an employee resulting in the employee being prevented from performing normal duties for more than 3 consecutive days. Any Person who is not at work e.g. pupil, visitor etc. but who as a result of an accident related to a place of work or work activities dies or suffers an injury requiring treatment from a registered medical practitioner or treatment in hospital	Principal	H.S.A
3 H.S.A.	Dangerous Occurrences	Principal	H.S.A





When an incident or accident is reported:

- The Principal will then ensure the Accident Report Form is completed by the teacher or other staff member as soon as possible but not later than three days after the accident.
- The detail required when carrying out an accident report is directly related to the severity of the accident.
- Written reports from witnesses and the injured party should be obtained even if first aid or medical assistance is not required. Witnesses should be interviewed, and statements taken as soon as possible after the incident.
- The scene should be preserved until the investigation is complete.
- Materials and equipment associated with the accident should be collected and retained, where practical. It may be vital to establish the condition of the equipment later. Photographs and drawings should be used as necessary.
- In the case of road traffic accidents, where the accident results in damage to the vehicle only, accident details must be provided on an accident report form. Where road traffic accidents result in injury to an employee, student or member of the public the details of the accident must be reported.
- The Principal will as needed:
 - monitor the process of investigation, reporting and action in order to ensure that the necessary response times are met.
 - notify the Health and Safety Authority and/or the State Claims Agency using the correct forms and procedures.
 - ensure the appropriate corrective action is implemented to prevent a reoccurrence.



Notifying an Incident to the HSA:

- Completed forms, which are now web-based <http://www.hsa.ie> should be returned to the Health and Safety Authority.
- The legal requirement to report accidents is an external requirement and does not affect or change in any way the other internal accident reporting procedures. Notification is required when:
 - A work accident causes the death of an employee – immediate notification.
 - A work accident prevents an employee from performing his or her normal work for more than three consecutive days. (This does not include the day of the accident).
 - An accident arising from a work activity causes death or injury to a non-employee e.g. student, passers – by, visitors etc. which results in the person requiring treatment from a registered medical practitioner or treatment in a hospital as an inpatient or outpatient.
- Where an accident has resulted in death, the scene of the accident must remain undisturbed until an Inspector from the Health and Safety Authority has inspected it. The scene should be disturbed only if necessary to ensure the safety or health of persons remaining at the scene.
- In the event of a dangerous occurrence, the Principal will inform the Health and Safety Authority using Form IR3 as soon as possible. Dangerous occurrences should be notified by post after the event, provided a death has not occurred. In the event of death, the procedure outlined above for the reporting of accidents to the Health and Safety Authority should be followed.





Covid-19

- There is no requirement for Coláiste Phádraig to notify the Health and Safety Authority if a member of staff contracts Covid-19.
- Diseases are not reportable under the Safety, Health and Welfare at Work (Reporting of Accidents and Dangerous Occurrences) Regulations 2016 (S.I. No. 370 of 2016). Covid-19 is however reportable under [the Infectious Diseases \(Amendment\) Regulations 2020](#) by a medical practitioner who becomes aware of or suspects an instance of such disease.



Maintaining Records

- The Principal must keep a record of accidents or dangerous occurrence reported, for a period of ten years after their occurrence. A copy of the approved form sent to the Health and Safety Authority and any other relevant documentation will suffice.

23. Administration of Medicines to Students



- Coláiste Phádraig is committed to ensuring the safety of our students with chronic conditions such as asthma, diabetes, epilepsy and severe allergies.
- The school understands that certain chronic conditions are serious and can be potentially life threatening.
- Parents have a duty to inform the school of such a condition and provide the necessary medical equipment and information to respond to emergencies.
- Medicines are not permitted in the school unless there is written parental consent stating the name of the pupil, the medication, the frequency and dosage to be administered.
- A log is kept of all medication administered and by whom.
- Medicines must be provided by parents / guardians in the original container/ labelled with the name of the appropriate student, dose, frequency of administration and expiry date.
- Medicines must be stored in a secure place, under lock and key (no medicines stored in first aid kits).
- Students must not be given any short term medication e.g. painkillers unless by written parental request.
- Any specific training required by staff on the administration of medication e.g. EpiPen will be arranged through the Principal and delivered to relevant staff by a competent medical practitioner.
- Emergency medicines (asthma inhalers, EpiPen etc.) will be kept readily available but out of reach of students.

24. Auditing & Inspections



- The Board of Management recognises its obligation to put in place an annual programme of auditing, which encompass all of the school's premises, procedures and organisation.
- In carrying out this duty the Board may employ the services of professionals, to advise on, or carry out risk assessments and audits where it is recognised that they do not have the necessary in-school competence.

25. Cash Handling



- During the Covid-19 Pandemic cash handling will be kept to a minimum. Where cash is paid to the school it will be stored in a quarantine box for 72 hours. Cash should be stored in the safe in the office.
- Staff who have responsibilities for collecting cash should deposit cash in the bank as soon as possible after collection.
- Staff responsible for lodging cash should vary their routine for lodgement.
- Staff should not resist if theft is the obvious motive for an attack.

26. Communication & Consultation

The Board of Management is committed to meeting its obligations under Chapter 3 part 4 of the Safety, Health and Welfare at Work Act, 2005, on consultation with and participation of our staff. The Board recognises that staff involvement is an important cornerstone of a successful school safety program. Various channels exist for staff contact.



- The school recognises the staff' right to appoint a Safety Representative to represent them in consultations with management on safety issues.
- The school will co-operate with the Safety Representative in:
 - Providing information necessary for safety.
 - Advising the representative when a H.S.A. inspector is touring the place of work.
 - Facilitating the representative in the discharge of his/her functions.
 - Allowing time off for training.

27. Covid-19

Coláiste Phádraig undertakes to protect the Safety, Health & Welfare of all its staff & students. We have invested considerable resources to comply with current public health guidelines. The procedures adapted by the school are to protect the health and safety of our staff & students while making every effort to restrict the risk of the virus spreading within our community and the wider public.

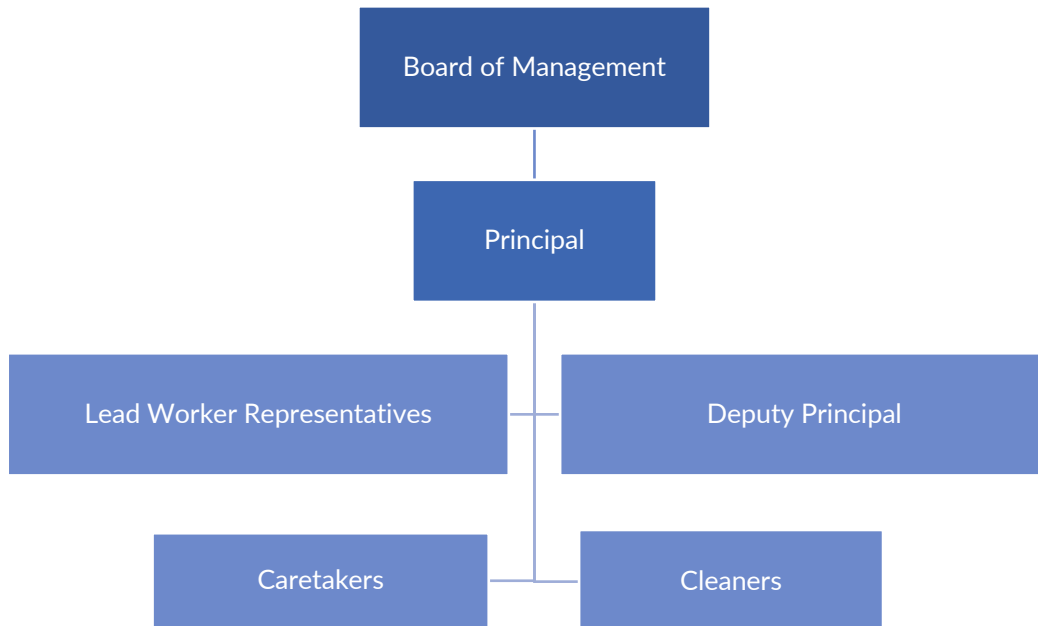


- In response to the Covid-19 Pandemic, the “Covid-19 Response Plan” has been updated again in August 2021 in line with the Work Safely Protocol (issued June 2021) and the Covid-19 Response Plan from the Dept. of Education and Skills. This document lays out the measures the school will put in place to prevent the spread of Covid-19 in our workplace.
- As the advice issued by NPHET continues to evolve, this document may also change.
- All existing Occupational Health and Safety provisions will continue to apply to our school during this time and we will continue to adhere to our existing Health & Safety Management System.
- We will periodically review the advice available on the Health and Safety Authority website www.hsa.ie including additional occupational health and safety information on the specific Covid-19 webpages: https://www.hsa.ie/eng/topics/covid-19/covid-19_coronavirus.html.
- As Coláiste Phádraig implement the measures in the school to reduce the risk of exposure to Covid-19 for staff, students and wider school community specific occupational health and safety measures may also need to be considered and implemented.
- Coláiste Phádraig continues to take into account the most up-to-date official public health advice and guidance from the Department of Education & Skills on how to mitigate the health risk.
- All of the public health and occupational health and safety measures shall be maintained in consultation with staff and ultimately communicated to staff and others in the school.
- Coláiste Phádraig shall also communicate with safety representatives selected or appointed under the Occupational Health and Safety legislation and consult with staff on safety measures to be implemented in the school.



28. Covid-19 Management Team

For the purposes of the document, anyone with supervisory responsibilities is classified as a member of the Covid-19 Response Team. These include:



Covid-19 Response Team will collectively implement the Covid-19 Response Plan document. Note: This team must stay agile as new information comes available that may change approach in procedures, processes or PPE.



Responsibilities include:

- Managing and instructing all our staff on various Protocols and compliance.
- Ensuring that all personnel on school premises, including staff, students and visitors have been made aware of the specific requirements of the Health & Safety Statement.
- Ensure that Lead Worker Representatives are appointed.
- Ensure the Return to School Safely Induction has been undertaken by all staff prior to reopening the school.
- Ensure that sufficient arrangements are in place to allow for social distancing and hygiene requirements of this plan and to take appropriate immediate action where they are not.



Role of Staff

Staff shall follow the public health advice and guidance, as well as any specific direction from Senior Management at Coláiste Phádraig. They shall also adopt good hygiene practices, such as frequent hand washing, respiratory etiquette and physical distancing to protect themselves and their work colleagues against infection and shall seek professional healthcare advice if unwell. If staff have symptoms of Covid-19 they shall not attend work. Staff shall also avoid making contact with their face and in particular their eyes, nose and mouth. Where necessary, staff shall wash their hands immediately before touching their face.



In addition Staff shall:

- Fully comply with the school's Covid-19 Response Plan. Co-operation is fundamental to ensuring that the measures are adhered to.
- Undertake the Return to School Safely (Covid-19) Induction and adhere to the measures identified.
- Complete the Covid-19 Return to Work Form 3 days in advance of returning to school.
- Review the Covid-19 Response Plan, provide constructive input through the Lead Worker Representatives.
- Adhere to the measures identified in the Covid-19 Response Plan.
- Follow signage, allow for social distancing and adhere to hygiene requirements.
- Make representations to the Principal regarding Covid-19 through the Lead Worker Representatives.
- Coach other staff to self-assess their task for social distancing and transmission points.

Role of Parents / Guardians / Students

Parents / Guardians / Students are asked to follow the public health advice and guidance, as well as any specific direction from Coláiste Phádraig. They shall also adopt good hygiene practices, such as frequent hand washing, respiratory etiquette and physical distancing to protect themselves, teachers and fellow students against infection and shall seek professional healthcare advice if unwell. If students have symptoms of Covid-19 they must not attend school. Students must also avoid making contact with their face and in particular their eyes, nose and mouth.



In addition students shall:

- Adhere to the wearing of face coverings when in the school.
- Undertake the Return to School Safely (Covid-19) Induction and adhere to the measures identified.
- Follow signage, allow for social distancing and adhere to hygiene requirements.
- Inform staff should they experience symptoms of Covid-19.
- Inform the school should their child or another member of the household be awaiting a Covid-19 test or results of a Covid-19 test and restrict movements as per the HSE guidelines.
- **Travelling outside of Ireland:** In instances where a student has recently travelled outside of Ireland, parents/guardians are advised to consult with and follow the latest Government advice in relation to foreign travel available on [gov.ie/return to school](https://www.gov.ie/return-to-school).

Role of the Lead Worker Representatives

As noted above, Coláiste Phádraig has appointed two Lead Worker Representatives whose role is to work collaboratively with the school to assist in the implementation of measures and monitor adherence to the measures to prevent the spread of Covid-19. Staff representative shall together with the Covid-19 response management team, support the implementation of the measures identified in this Health & Safety Statement. Such a person will receive the relevant and necessary training by Coláiste Phádraig.



Role:

- Represent all staff in the workplace regardless of role, and be aware of specific issues that may arise in respect of different staff cohorts.
- Keep up to date with the latest Covid-19 public health advice.
- Work collaboratively with school management to ensure, so far as is reasonably practicable, the safety, health and welfare of employees in relation to Covid-19.
- Consult with school management on the control measures required to minimise the risk of staff and students being exposed to Covid-19.
- Promote good hygiene practices, in conjunction with school management, such as washing hands regularly and maintaining good respiratory etiquette along with maintaining social distancing in accordance with public health advice.
- Assist school management with the implementation of measures to suppress Covid-19 in the workplace in line with the Return to Work Safely Protocol and current public health advice.
- Monitor, in conjunction with school management, adherence to measures put in place to prevent the spread of Covid-19.
- Conduct reviews of safety measures that are in place to address and suppress Covid-19 in the workplace. Reviews (including an examination of the workplace) should be conducted on a regular basis (at least twice per week).
- Report any issues of concern immediately to school management and keep records of such issues and actions taken to rectify them.
- Consult with the school management on the school's Health & Safety Statement in the event of someone developing Covid-19 while in school including the location of an isolation area and a safe route to that area.
- Following any incident, assess with the school management any follow up action that is required.
- Consult with colleagues on matters relating to Covid-19.
- Make representations to school management on behalf of their colleagues on matters relating to Covid-19 in the workplace.



29. Contractors

The school has responsibilities in regard to the safe management of contracts providing services. The activities of contractors working for Coláiste Phádraig are strictly controlled at all times using the following:



- The following information to be received annually (or before commencing work on the premises) from all contractors carrying out work in the school including:
 - Covid-19 Response Plan.
 - Up to Date Health & Safety Statement.
 - Method Statement & Risk Assessment for works carried out on the premises.
 - Copies of Training Certificates (incl. Safe Pass etc.)
 - Copies of Certificates for Equipment & Machinery brought on the premises e.g. PAT certs for catering equipment.
 - Up to date Insurance details to be submitted prior to commencement on site.
 - Proof of Garda Vetting.

30. Critical Incident Management



- A Critical Incident Management Plan (separate from this document) has been prepared for the school and should be referred to and used should the need arise.
- Staff and students should review this document separately.

31. Dignity at Work



- Coláiste Phádraig strives to create an environment that is inclusive of all persons, where its staff and students are free to perform their work without sexual harassment and bullying from other school members.
- In accordance with the ACCS, ASTI, IMPACT and the TUI Code of Practice for Dealing with Complaints of Bullying and Harassment of Staff, Coláiste Phádraig has a Dignity at Work Policy in place and has adopted a Dignity at Work Policy.
- The Code of Behaviour and the Anti-Bullying Policy deals with bullying and harassment of students – please refer to these when appropriate.

32. Defibrillator



- Defibrillator is located in the Main Office.
- Defibrillator will be checked and maintained by a designated teacher to ensure that it is functioning correctly and is stocked appropriately.

33. Driving for Work



When driving for work staff must ensure that:

- Make sure they hold a current driver licence for the category of vehicle they are driving and this licence is carried when driving a company vehicle.
- Take time to familiarise themselves with the vehicle's handbook.
- Servicing the vehicle according to manufacturers' recommendations.
- Be responsible and accountable for their actions when driving for the purposes of work.
- Carry out a full daily walk around check prior to using the vehicle.
- Comply with the rules of the road at all times.
- Assess hazards while driving and anticipate 'what if' scenarios.
- Drive within the legal speed limits, including driving to the conditions.
- Wear a seat belt and make sure all occupants wear their seat belt at all times.
- Only drive when fit to do so – never drive under the influence of alcohol or drugs, including prescription and over the counter medication if they cause drowsiness
- Avoid distraction when driving – e.g. if you need to, adjust or set sat-navs / car radios / mirrors before setting off. If you need to re-adjust whilst driving pull over safely in order to do so.



34. Drugs & Alcohol

The following outlines Coláiste Phádraig's policy on drugs and alcohol in the workplace for staff. A separate policy deals with students. For the purpose of this policy the term drugs will be defined as all mood-altering substances, either legal or illegal.

This includes alcohol, prescribed and other medications, in addition to illegal and illicit substances. This policy does not refer to tobacco use /smoking, which is dealt with separately. This policy applies equally to all staff. Coláiste Phádraig is an alcohol-free, smoking and drug free area. Staff shall be alcohol and drug free while on duty. Smoking and vaping is not allowed at any time on the school premises and grounds.

Alcohol and other drugs affect concentration, co-ordination and performance. It is recognised that the effects of alcohol and other drugs may spill over from one's private life into the workplace resulting in inefficiency, accidents and absenteeism. Coláiste Phádraig recognises its staff as its most valuable resource and is committed to providing a working environment, which is a healthy and safe one for the entire school population. This policy should be seen in the context of the promotion of health, safety and welfare of all staff of Coláiste Phádraig.

The Board of Management of Coláiste Phádraig recognises the desirability of promoting the health and well-being of staff by:

- encouraging a healthy lifestyle through preventing the development of alcohol and other drug related problems.
- offering assistance to staff who need it to overcome problems caused by alcohol or drug misuse.



Principles

- Policies on violence go hand in hand with policies in relation to bullying, harassment, behaviour etc. These policies will be reviewed frequently to identify and resolve weaknesses to lessen the threat of violence.
- Communication between home and school should be frequent, open and positive. In this context policies and procedures in relation to visits to the school, meeting with teachers, school behaviour, complaint procedures etc. should be in place and parents/ guardians encouraged to communicate with the school as appropriate.
- Parents /visitors who wish to have a consultation with a class teacher should make a prior appointment with the relevant teacher. In urgent cases where a prearranged appointment is not appropriate, parents should, in the first instance, report to the school secretary.
- All visitors are required to report to the school secretary's office. Signs displayed within the school grounds and premises outline this.
- CCTV equipment has been installed to help deter violence.

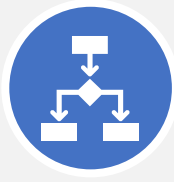


Aims

This policy aims to:

- Raise awareness of the risks of alcohol and other drug related problems.
- Promote the health and wellbeing of staff.
- Minimise effects arising from the misuse of alcohol and other drugs.
- Assist staff with alcohol / drug related problems at an early stage.
- Encouraging staff with alcohol and other drug related problems to seek help from appropriate sources for intervention and treatment.

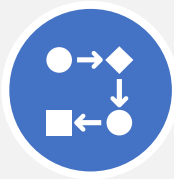




Intervention

Staff are encouraged to seek assistance on a voluntary basis. However, a problem may become apparent due to the observances of a colleague or the Principal/Deputy Principal. No one characteristic identifies someone with an alcohol or drug related problem but the following are indicators, especially if occurring in combination or over a period of time:

- Absenteeism
- Accidents and unusual incidents
- Fluctuating work performance
- Fluctuations in concentration and energy
- Late returns to work
- Unpredictable mood changes
- Poor co-operation with colleagues
- Confusion or drowsiness
- Unkempt appearance
- Frequent borrowing of money
- Hand Tremor
- Smelling of alcohol
- Excessive sweating
- Unreliability
- Aggression or irritability



Procedure

- Observation of behaviour may lead you to believe that there is a problem. Signs, as those mentioned above, may be evident but do not automatically assume that the problem is drink/drug related but if the problem persists, it should be further looked into.
- The Principal/Deputy Principal should only deal with work-related issues and not try to diagnose the personal problem.
- Where the Principal/Deputy Principal identifies a work performance or behaviour as an indication of a possible alcohol or drug related problem then, the Principal/Deputy Principal should raise this with the employee and make them aware of the availability of local support services and of the Employee Assistance Service for teachers.
- The decision to seek help will be the responsibility of the individual staff member and refusal to do so will not influence any present or future promotion or disciplinary procedures.
- Coláiste Phádraig will endeavour to ensure that any employee who seeks help will be treated with discretion and in confidence.
- Staff will be given the same sick leave and the same protection and employment rights as other staff with ill-health problems. Time off will be given for the treatment or other specialist help or aftercare provided appropriate certification is submitted.
- If work-related problems persist, the normal disciplinary procedures will be activated specifically in relation to these issues. The employee will be entitled to representation and due process.





Awareness

Coláiste Phádraig encourages a healthy and sensible approach to alcohol and drugs for the whole school population. Through subjects such as Social Personal and Health Education the school aims to provide education/training opportunities to the whole school population:

- To increase awareness of responsible drinking.
- To increase knowledge of the risks associated with alcohol and drug misuse.
- To increase awareness of early signs of alcohol and drug dependency.



Coordination of Policy

The successful implementation and establishment of this policy is the responsibility of all staff of Coláiste Phádraig. However overall co-ordination and responsibility lies with the Principal. For further information on drug and alcohol misuse, please contact your local doctor or:

- Alcoholics Anonymous 01 8420700
- Drugs Helpline (Mon – Fri 9.00am - 5.00pm) 1800 459 459
- Narcotics Anonymous 01 6728000

35. Electrical Safety



- Work on electrical equipment is restricted to the supplier or authorised competent contractors coordinated by the caretaker.
- Staff are required to use only equipment, plant, machinery, tools provided by the school.
- All electrical installations will be thoroughly inspected every 5 years.



36. Emergency & Fire Arrangements

Coláiste Phádraig recognises the need for constant vigilance with regard to the risks posed by fire in the school. A fire safety programme is in place to (a) guard against the outbreak of fire, and (b) ensure as far as reasonably practicable the safety of persons on the premises in the event of an outbreak of fire.



The Fire Safety Programme incorporates arrangements for:

- The prevention of an outbreak of fire through the establishment of day to day fire prevention practices.
- The instruction and training of staff.
- The holding of fire and evacuation drills.
- Informing the school community of the procedures to be used in the event of a fire or other emergency.
- The maintenance of escape routes.
- The provision of adequate fire protection equipment and systems and their inspection and maintenance.
- The provision of assistance to the fire brigade.
- A fire safety register.

Specific Arrangements are in place to meet the school's obligations:

- The Principal & Deputy Principal are responsible for conducting the fire drills.
- Fire Drills will take place once per term.
- Fire assembly points have been established in the Purple / Yellow / Orange / Turquoise Zone attend the Senior Yard, Green / Red / Blue Zones attend the Field, Pink Zone attend the Junior Yard as indicated below. Signage has been posted at each location.
- Directional fire evacuation signage is located throughout the school building.
- Site Layout plans and evacuation drawings will be posted in each classroom.

37. Fire - Events, Functions & Large Public Gatherings



- When functions, musicals, evening classes or supervised study etc. are held on the school premises, participants are made aware of the safety procedures that apply in the event of a fire or other emergency.
- This takes the form of the fire notices (posted in each room) and announcements.

38. Fire Detection / Emergency Lighting System



- A service engineer will inspect, and test the Fire Detection System quarterly as described in I.S. 3218:2013.
- A service engineer will inspect, and test the Emergency Lighting System quarterly as described in I.S. 3217:2013.

39. Fire Assembly Points



- Fire assembly points have been established at the Purple / Yellow / Orange / Turquoise Zone attend the Senior Yard, Green / Red / Blue Zones attend the Field, Pink Zone attend the Junior Yard. Signage has been posted at each location.
- Signage has been posted at each location.
- Signage will be spaced appropriately to prevent the congregation of hundreds of staff / students in the event of a drill.
- The location and condition of fire assembly points will be reviewed annually.

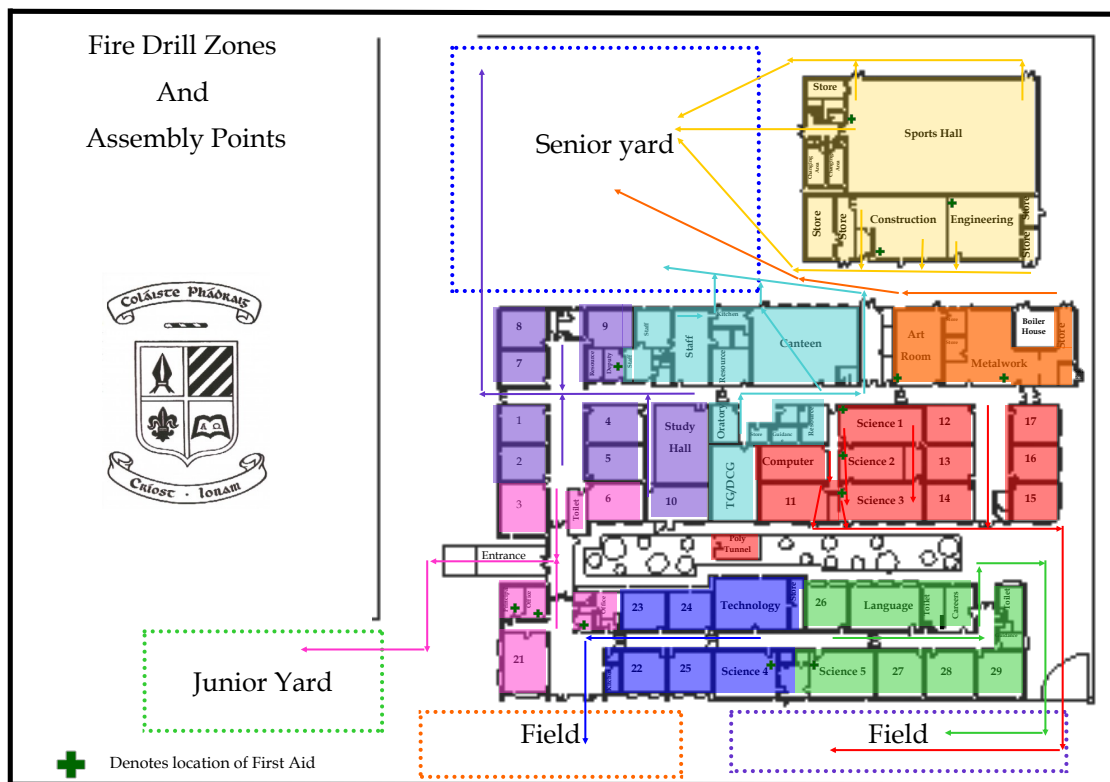


Figure: Approximate Location of Fire Assembly Points

40. Fire Escape Routes



- Escape routes outside as well as inside the premises are kept unobstructed and immediately available for use.
- Escape routes are clearly indicated and adequately lit.
- Fire resisting doors are maintained in a useable and fault free condition.
- Exit doors are capable of being readily opened at all times while people are on the premises.
- Floor coverings and mats are fixed or laid so that people will not slip or trip on them during an evacuation.
- External areas at or near exits are to be kept free of vehicles and other obstructions to allow unimpeded escape to a place of safety.



41. Fire Evacuation & Drills

Fire and evacuation drills are carried out each term. These drills are announced beforehand only to senior staff. It is the responsibility of each student and teacher to comply with the fire drill.



The Principal in conjunction with the Health & Safety Post formally evaluates each drill and report to the Board of Management on:

- Date and time of the drill.
- Time it took to fully evacuate the building.
- Issues identified, actions required to rectify issues and individuals responsible.

42. Fire - Inspection and Maintenance of Fire Protection Equipment



- Adequate fire protection systems and equipment are in place.
- All equipment is to be inspected and maintained and all data relating to the inspection, testing and maintenance of fire protection systems and equipment is to be recorded in the Fire Safety Register.

43. Fire Extinguishers



- All fire extinguishers are to be inspected on a per term basis. The caretaker is responsible for carrying out a monthly visual inspection of fire extinguishers to ensure. all pins and seals are in place, the gauge shows full charge i.e. is in the green 'full zone', and the equipment is mounted, serviced, accessible and undamaged.
- Any extinguisher that fails the inspection should be reported to the caretaker and immediate arrangements made with the contractor to replace it.
- Each year a service engineer should carry out a more thorough examination of extinguishers (In accordance with I.S. 291: 2015- Use, Siting and Maintenance of Portable Fire Extinguishers and B.S. 5306 Part 3: 1985 - Fire Extinguishing Installations and Equipment on Premises). The date of inspection is to be noted on a durable adhesive label fixed to the extinguisher.

44. Fire Prevention



- Rubbish and waste materials are not allowed to accumulate. such materials are removed from the premises at regular intervals, and stored in suitable designated areas, pending disposal.
- Flammable liquids, gases and other potentially dangerous substances are limited to small quantities, handled with extreme care, and stored in labelled suitable containers in designated suitable storage areas.
- Smoking is strictly prohibited inside the school building.
- Electrical and gas appliances and associated fittings are checked on a regular basis and defects remedied as soon as possible. Defective items are rendered unsafe until repairs are carried out.
- Cookers, extractor fans, filters, air ducts and machinery are regularly cleared of oil, grease and dust. A competent person carries out servicing regularly.
- Service contractors and outsiders engaged to work on the premises are informed of the relevant requirements.
- Students are not permitted to enter areas other than those to which they are intended to have access, except where an emergency situation requires them to do so to escape from the building.
- Fire resisting doors and smoke stop doors are not to be propped open.
- Care is taken when using candles, that they are not left burning unsupervised.
- The premises are inspected each evening after students have vacated it to remove any potential fire hazard.

45. Staff Training (Fire)

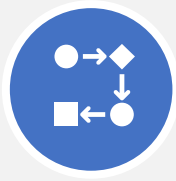


All staff will be given training and instruction in relation to the following:

- The fire prevention measures.
- The emergency procedures, and fire and evacuation drills devised for the premises.
- The evacuation of students, paying special attention to those that are disabled.
- The arrangements for the provision of assistance of the fire brigade.
- Fire control techniques including:
 - The use of fire extinguishers, fire blankets and hose reels.
 - Closing doors (including those fitted with self-closers) and windows to inhibit fire spread.
 - Shutting off electricity, fuel supplies and ventilation systems where applicable.
- The layout of the building/site including:
 - Escape routes.
 - Location of alarm call points.
 - Location of firefighting equipment.
 - Location of assembly points.
- Where appropriate, Evac Chair use.



46. Evacuation Procedure



In the event of a fire, a teacher should:

- Raise the alarm. This is the most important action to take as people who attempt and fail to control a fire by themselves often lose valuable seconds.
- Stay calm and don't panic.
- Switch off equipment if possible and safe to do so.
- Do not run.
- Evacuate the classroom by the nearest safe exit and go to the designated assembly point.
- Close doors as you leave to reduce the spread of fire.
- Note: In making a path to the assembly points (consult the drawing in each classroom), lifts should not be used as people may be trapped if the electrical system fails.
- In the case that the fire is small and the risk of injury is low and you are trained to do so, tackle the fire.
- Where possible, shut doors and windows and turn off electricity and gas.
- Teacher to bring their class roll.
- Evac Chairs are located in many of the stairwells for students with mobility issues.

When the alarm bell sounds, (continuous ringing of the fire alarm bell), students should:

- Close windows and doors.
- Walk quickly with your class (where relevant), in silence, towards exit.
- Do not take any belongings.
- Last to leave the room should close the door.
- Assemble in silence, with the teacher and class, in the area designated for the class.

At the Assembly Point, Students:

- Look around for students who were with them in class.
- Should inform a teacher, immediately, if someone is missing.
- Remain in silence.

If in the toilet/cloakroom, students:

- Should move with the traffic flow to the assembly point and join their class.



47. Room Clear Door Hangers



- Door hangers have been prepared so that teachers can indicate to the Principal / Deputy Principal that rooms have been cleared.
- This will save considerable time for the Principal / Deputy Principal by ensuring that only the corridors and toilets need to be checked.
- Room Cleared Door hangers will be made available in each classroom and Teachers are instructed to hang the sign on the corridor side of the door when evacuating the room.



48. Assisting the Fire Brigade



The following measures should be taken by the Principal/Deputy Principal(s) to assist the fire brigade in its response to a fire or other emergency:

- Access routes should be kept clear for use by fire appliances.
- The Principal/Deputy Principal(s) should meet the officer-in-charge of the fire brigade and provide information on:
 - The number and location of persons still on the premises.
 - The location of the fire.
 - Any special hazards, e.g. chemicals, gas tank and cylinders etc.
 - Entry points to the building.
 - Available water supplies.
- Gas should be shut off when the alarm is raised. Electricity should be shut off if requested by the “Incident Commander” from the Fire & Rescue Service.

49. Record Keeping



Fire Safety Register is kept on the premises at all times and is made available for inspection by any authorised officer of the fire authority. The following data is recorded:

- The details of specific duties that have been assigned to staff.
- The details of instruction and training given to staff, and by whom.
- The date of each fire and evacuation drill, the names of staff taking part and the type of exercise held.
- The type, number and location of fire protection equipment and systems, along with brief comments on the results of the checks and the actions taken (and by whom) to remedy defects.
- The details of all fire incidents and false alarms that occur, and the action taken.

50. Emergency Escape of Gas



When not in use the gas isolating valves should be closed at all times. In the event of a gas leak the following actions should be taken:

- The first person becoming aware of it shall raise the alarm and ensure the building is evacuated as per evacuation arrangements outlined above.
- Do not switch on or off any electric device in or near the area affected as both actions can generate a spark.
- Turn off the gas supply by closing the isolating valve.
- Open windows and external doors to ventilate the area.

51. Expectant Mothers



- A detailed risk assessment for pregnant employees will be carried out and will inform the decisions of the school.
- Coláiste Phádraig acknowledges their statutory responsibility to provide a safe environment to staff and students who are pregnant or have recently given birth.
- In accordance with the *Safety, Health & Welfare (Pregnant Staff) Regulations, 2000* (Regulation 3) a pregnant employee of Coláiste Phádraig must notify management of her condition '*as soon as is practicable after it occurs and, at the time of the notification, given to her employer or produce for her employer's inspection a medical or other appropriate certificate confirming her condition*'.
- In fulfilling the school's legal obligations, there may be a need for temporary adjustment of duties, rest facilities etc. to ensure that staff are not exposed to ill health in any way.
- Pregnant PME students are also encouraged to inform the school of their condition such that an appropriate risk assessment may be carried out.

52. Expectant Breastfeeding Staff

The Board of Management of Coláiste Phádraig is conscious of its obligations under the Safety, Health and Welfare at Work (General Application) Regulations 2007, Part 6, Chapter 2 'Protection of Pregnant, Post Natal and Breastfeeding Employees.'

It is the policy of Coláiste Phádraig to ensure, as far as is reasonably practicable, that the normal safety precautions will adequately protect pregnant, post-natal and breastfeeding employees. A pregnant employee who feels she may be at risk should inform the Principal without delay to ensure appropriate precautions can be taken. A detailed risk assessment for pregnant employees will be carried out and will inform the decisions of the school. Facilities and supports include:



- The provision of breastfeeding breaks agreed in advance with the Principal giving due consideration to the unique working environment of schools i.e. timetabled classes and the availability of cover.
- The timing of these breaks must be negotiated between the breastfeeding mother and Principal in conjunction with the Board of Management.
- For the purposes of breastfeeding or breast milk expression, access will be provided to a clean, private room with power points, lockable door, comfortable chairs, a table, hand washing facilities and a secure breast pump storage area if required.

53. External Locations – Car Park



- The caretaker is responsible for external areas such as the car park. Where applicable, arrangements for clearing snow, safe access and egress, response to spillages etc. form part of the duties of the Board of Management.
- In addition, the school has adopted a policy of reversing implements a policy of reversing into car parking spaces. By doing so, staff will have more visibility and will avoid backing out blindly into oncoming traffic or into the path of pedestrians. Suitable signage will be posted to reinforce this policy.

54. First Aid

From time to time it may be necessary to administer First Aid to students or staff due to accidents or sickness.



- If a fellow member of staff or student is ill he/she should not be left alone. If a teacher considers that a student be sent home, the office should be informed, and arrangements made to contact parents and arrange transport home.
- Under no circumstances should medicines be administered to students without expressed permission from the students guardian / parent witnessed by a member of staff.
- In the event of an accident, the teacher in charge should arrange to bring the injured party to the office area and make arrangements for the First Aider to be contacted. If the injured party cannot be moved the teacher in charge should notify the school management immediately. It is the policy of Coláiste Phádraig to provide equipment and facilities, which are adequate and appropriate for First Aid. First Aid boxes are located throughout the building. Staff are instructed to record all accidents, including injuries requiring first aid only, in the accident book provided for this purpose in the office.
- Designated Teachers are responsible for the safe keeping and maintenance of first aid boxes, equipment and their contents. Teachers should report deficiencies to school management for action.



Location of First Aid Kits

- First Aid Room
- Reception Area
- Practical Rooms
- Staffroom





Key Control Measures when administering first aid (Covid-19)

- Standard infection control precautions to be applied when responding to any first aid incident in the workplace. Hand washing with warm water and soap or an alcohol-based hand gel must be performed before and after providing any first aid treatment.
- Any person presenting with symptoms consistent with Covid-19 shall be treated as a suspected case and moved to the Primary Isolation Room.
- Only one first aid responder to provide treatment, where practical.
- Additional PPE (enclosed eye protection and ffp3 mask if available) shall be worn by first aid responders when responding to all first aid incidents where close contact cannot be avoided.
- If you suspect a person has experienced a cardiac arrest, do not listen or feel for breathing by placing your ear and cheek close to the person's mouth. If you are in any doubt about confirming cardiac arrest, the default position is to start chest compressions only until help arrives. To iterate the point, a person in cardiac arrest shall have compression only CPR applied.
- Persons with minor injuries (cuts, abrasions, minor burns) - where practical, a first aid responder shall avoid close contact and advise the injured party what steps to take in treating their injury.
- No reusable equipment shall be returned to service without being cleaned/disinfected appropriately.

First Aid Box Minimum Contents

	Travel Kit	1-10 persons	11-25 persons	26-50 persons*
Adhesive Plasters	20	20	20	40
Sterile Eye Pads (No. 16) (bandage attached)	2	2	2	4
Individually Wrapped Triangular Bandages	2	2	6	6
Safety Pins	6	6	6	6
Individually Wrapped Sterile Unmedicated Wound Dressings Medium (No. 8) (10 x 8cm's)	1	2	2	4
Individually Wrapped Sterile Unmedicated Wound Dressings Large (No. 9) (13 x 9cm's)	1	2	6	8
Individually Wrapped Sterile Unmedicated Wound Dressings Extra Large (No. 3) (28 x 17.5cm's)	1	2	3	4
Individually Wrapped Disinfectant Wipes	10	10	20	40
Paramedic Shears	1	1	1	1
Examination Gloves Pairs	3	5	10	10
Sterile water	2 x 20mls	1 x 500mls	2 x 500mls	2 x 500mls
Pocket Face Mask	1	1	1	1
Water Based Burns Dressing Small (10x10cms)	1	1	1	1
Water Based Burns Dressing Large	1	1	1	1
Crepe Bandage (7cm)	1	1	2	3



55. Hazardous Substances & Chemicals

The Safety Committee is responsible for coordinating risk assessments of hazardous substances brought onto the premises and taking any necessary action required by the *Safety Health and Welfare at Work (Chemical Agents), 2013*.



- Safety Data Sheets (SDS) must be available for all chemicals in use in each classroom.
- If a new chemical substance is being considered for a specific purpose or project, prior to ordering, an SDS must be requested from the supplier. From the information on the SDS an informed decision can be made as to the suitability of the chemical for use.
- All involved staff must be given access to the risk assessment.
- If training, information, supervision and instruction in the use of the control measures are needed, these must be undertaken prior to work with the substance.
- Management must ensure that third party contractors provide assessments for hazardous materials they bring on site and satisfy good environmental practice, including consideration of the ultimate disposal of the materials.
- Waste / out of date chemicals will be disposed of through a licenced waste contractor.

56. Housekeeping

Housekeeping i.e. keeping areas clean and tidy is key to preventing trips and falls as well as preventing the build-up of combustible materials leading to fire.



- Housekeeping should form part of daily routines in all areas.
- Storage areas should be maintained throughout the school in a clean and tidy state. It is the responsibility of teachers to ensure that these areas do not pose a risk to staff and students.
- Waste bins, both indoor and outdoor will be emptied regularly.
- Walkways / routes must be maintained free of obstructions in all classrooms.

57. Legionella

Legionella is the name given to the pneumonia like illness caused by legionella bacteria, including the most serious Legionnaires' disease. Infection is caused by breathing in small droplets of water contaminated by the bacteria. Common symptoms include coughing, breathlessness, high fever, muscle aches and headaches and usually appear 5-6 days after infection but may take longer.



- Water storage tanks are checked and cleaned, any buildup of sludge/slime is cleaned, and tanks are disinfected annually
- There are arrangements in place for little used outlets, to either:
 - flush through showers/taps/water fountains and all other sources arising on at least a weekly basis, or
 - carry out a safe purge of the water system.
 - before use e.g. prior to reopening after summer holidays.

58. Lone Working

It is the policy of the school that staff (with the exception of the Principal, Deputy Principal, Administrative Staff, Caretaker, Cleaning Staff) are not permitted to be on the premises unaccompanied. At no stage will teaching staff be permitted to be on the premises unaccompanied out of school hours i.e. at night or weekends regardless of the activity to be carried out. If working alone, permitted staff are required to 'report in' to the Principal or designated person to inform that they are safely leaving the premises.



- You should not work alone if you know you have a medical condition that might cause you to become incapacitated or unconscious. Also when working alone, do not attempt any tasks which have been identified as medium or high risk, or which common sense tells you are potentially hazardous.
- If you arrive at school outside of normal school hours and find another colleague is already in the building, let them know you are on site.
- If you are about to leave the building, and just one or two other colleagues are remaining on site, let them know you are going.
- Park your car close to the main entrance where there is an external light. Move it there whilst there are still others on site if you are planning to work late.
- If possible, carry a mobile phone with you.
- Lock the doors and close the windows to prevent intruders.
- Know the location of your nearest fire exit and how to open it in an emergency.
- Know the location of the nearest first aid kit.
- Ensure someone knows where you are and your estimated time of arrival home.
- If you arrive at school and find any sign of intruders, do not enter the building. Instead, call the Gardaí.

59. Manual Handling



- Risks to staff from manual handling activities are eliminated or reduced through the provision of good task and workplace design, the provision of mechanical aids where appropriate, and the provision of information and training to those staff whose work involves significant manual handling.

60. Medical Register



- Staff / Students who have ongoing / chronic medical problems e.g. diabetic or other controlled conditions may need medical interventions on occasion.
- Staff will be informed through the medical register maintained by the Principal on how to deal with an emergency where the need arises.
- Parents of children with known allergies are responsible for informing the Principal/Deputy Principal of any assistance that may be needed for a student with food allergies / medical conditions etc.

61. Noise



- Coláiste Phádraig considers potential noise levels in the selection of equipment and the design of work environments.
- The technology rooms and other noisy environments are identified and assessed, and appropriate precautions advised.

62. Personal Protective Equipment



- Coláiste Phádraig recognises that where there is a risk to the health, safety and welfare of their staff and students that cannot be controlled by technical or organisational measures, Personal Protective Equipment (PPE) e.g. goggles, gloves are provided and maintained.
- The type of PPE provided for specific activities will be decided only after suitable and sufficient risk assessment has been conducted. Management are responsible for ensuring that staff and students are trained in the use, care and maintenance of PPE.

63. Radon



- Radon measurements are taken by an accredited radon measurement company.
- Where high radon levels are found, appropriate measures will be implemented to remedy areas where high levels (i.e. in excess of 200Bq/m³).

64. Record Keeping



- Maintaining records of things done for reasons of health and safety is essential and in some instances a legal requirement.
- The caretaker is responsible for keeping records relating to the building, the facilities, machinery and equipment in the school.
- The Principal will maintain records relating to the operation of the school i.e. policies, training etc.

65. Risk Assessments



- Risk Assessments will be carried out / reviewed annually in line with the Health & Safety Authority's Guidelines for Post Primary Schools.
- Risk assessments are particularly important in the practical subjects. Activities including the use of hazardous chemicals or machinery, field trips, science based practical's/ demonstrations /research projects, hazardous physical manipulations, maintenance of hazardous machinery, etc, require rigorous risk assessments with carefully documented and implemented controls.
- Where possible, controls and other safety measures identified in the risk assessment process must be put in place immediately.
- In other cases where the scale or cost prohibits immediate action, a programme of action must be planned by the relevant teacher with the Principal/ Board of Management and put into effect.
- Depending on the risks involved, appropriate interim action must be taken i.e. if high, discontinuing the operation in the interim must be considered. The implementation of these arrangements must be reviewed at regular intervals.
- Where the risk cannot be reduced to acceptable levels and finance is not available to implement appropriate controls, it is our policy that the activity will cease or the area closed.
- All final decisions on risk control must take into account the relevant legal requirements and industry codes of practice.

66. Safety Statement



- In accordance with the obligations placed on employers by the *Safety Health and Welfare at Work Act, 2005*, Coláiste Phádraig have prepared a safety statement based on an identification of hazards at the workplace.
- Risk assessments are routinely carried out and control arrangements and resources are detailed in the statement.
- The safety statement is brought to the attention of all staff and third parties as necessary.
- Staff will be asked to acknowledge receipt of the safety statement and fully understand all the details therein.
- Coláiste Phádraig plan to review the safety statement at least once annually in order to consider new legislation etc.
- If new working equipment, procedures, work practices, chemicals, materials or renovations etc. are introduced then the safety statement needs to be reviewed to take these into account.

67. School Bags



- Coláiste Phádraig is committed to making efforts to alleviate the problem of heavy school bags and school bag storage issues.
- It recognises that the provision of marked storage areas is essential to alleviate the hazard. During the Covid-19 Pandemic Lockers are unavailable subject to review.

68. School Trips / Tours



- Each trip is communicated and approved by the Board of Management.
- Parent/guardian's permission is obtained for each student before any excursions take place.
- Emergency preparedness is addressed (phone numbers, medical arrangements, first-aid) and an adequate number of supervisory adults are present on the trip.
- A head count is carried out before departure, routinely throughout the trip and in the event of an emergency, and before return journey by trip supervisor.
- Safety instructions are provided to students including information on correct clothing and equipment required, code of behaviour, etc.
- In light of Covid-19, school tours and trips will be planned on a case by case basis taking into account DES circulars and the Government Levels.

69. Smoking



- In compliance with the Public Health (Tobacco) (Amendment) Act 2004 regarding smoking in workplaces, smoking is strictly forbidden on the premises and on the grounds of Coláiste Phádraig.
- The policy also applies to E-cigarettes.

70. Practical Classrooms



- Specialist / Practical classrooms each have specific hazards, which are unique to these rooms.
- Teachers in each room are responsible for training students on the use of equipment, machinery and appliances in the classroom including where relevant use of appropriate personal protective equipment, adjustment of guarding and use of safety devices,
- Teachers are also responsible for the supervision of student's use of this equipment in their classroom.
- Equipment, machinery and appliances must be maintained in good working order to ensure the safety of all staff and students.
- Ensure statutory inspections are carried out. Report to the Principal where this has not taken place.
- These rooms should be locked when the room is not in use.
- Safe Working areas will be established around all machinery and equipment.
- Where possible, classes in other subjects should not be taught in these rooms unless by the specialised teacher.
- If a specialised teacher is absent, the substitute teacher must be fully aware of the hazards in the room as well as the controls in place to deal with these hazards.
- If the substitute teacher is not trained in the specialised area then where possible classes should be supervised elsewhere.

71. Students with Physical / Special Education Needs



- Staff will be informed and trained on how to deal with an emergency situation of 'at risk' students in their classrooms when the need arises.
- Parents of children with known allergies are responsible for informing the Principal/Deputy Principal of any assistance that may be needed for a student with food allergies.
- Those students with significant medical needs will be identified in the staffroom to ensure that all staff are aware of any underlying conditions that may present during corridor supervision, break time supervision etc.
- Students with special education needs will be supported through the SEN Department in the school in accordance with the guidance from the National Council for Special Education.
- Where necessary i.e. on a case by case basis, risk assessments will be prepared to ensure that the safety of the students, his/her peers as well as teachers and other staff is maintained.
- Where teachers feel that there is a risk to the student, a risk assessment must take place in conjunction with SEN Coordinator / Team.
- In the event of an evacuation these students will be evacuated from the building by their SNA or teacher (in the case of mainstream student).

72. Statutory Inspections

Statutory inspections of machinery and equipment are arranged and monitored on an ongoing basis. A register of all plant is maintained.

Description	Frequency											
	As Required	Daily before use	Weekly Visual	Fortnightly	Monthly	Quarterly	6 Months	Annually	14 Months	18 months	60 Months	
Air Compressors	•									•		
Boilers								•				
Contractor Documentation	•							•				
Defibrillator			•									
Emergency Lighting						•						
Fire Detection Systems						•						
Fire Extinguishers			•					•				
First Aid Kits			•									
Fixed Wired Electrical												•
Fume Cupboards								•				
Gas Proving Systems								•				
Health and Safety Audit								•				
Ladders	•	•										
Mobile Scaffolding	•	•	•									
Portable Appliance Testing								•				
Practical Room Machinery & Equipment		•						•				
Review Policy & Risk Assessments								•				
Review Training Requirements								•				



73. Training

Coláiste Phádraig recognises that training is one of the most effective ways of making sure that staff are competent and effective in maintaining a safe working environment. Therefore, we aim to provide ongoing safety training programs to meet the needs of staff at all levels of the organisation. Training Initiatives include:



- Formal classroom training (using presenters from within and external to the organisation).
- On the job instruction and safety meetings.
- Safety induction for all new staff
- As appropriate, manual handling, first aid, fire safety, and
- Basic health and safety training to ensure those responsible for health and safety are equipped to undertake their duties and responsibilities.

74. Induction Training

The objective of this policy is to ensure that new staff starting with the school are introduced to the premises, safety/evacuation procedures, rules, regulations, their immediate work environment and colleagues in compliance with all legal and contractual obligations. This induction training applies to all permanent, temporary and contracted staff of Coláiste Phádraig. New staff include college students on temporary work experience. A short induction will be given by the Principal or a designated staff member for new employees joining the staff. This will include:



- Receiving a copy of the staff handbook/diary.
- A tour of the premises for familiarisation purposes.
- Fire emergency procedures, location of exits, assembly points.
- Details of accident reporting and investigation procedures.
- A discussion on the hazards (particularly those relating to their own area of work), control measures in place and the Safety Statement.
- An explanation of the consultative process, name of Safety Representative and staff meetings.
- A detail of the new employee's safety responsibilities.
- Details of further training (if required or identified).
- Receiving a copy of the School Safety Statement.
- Staff are also encouraged to be attentive to new staff and ensure their compliance with all safety procedures. All staff will be retrained periodically on safety rules, policies and procedures, and when changes are made to the workplace safety statement.

75. Visitors



- For the remainder of the Covid-19 Pandemic, Visitors are only permitted on the premise by appointment.
- Those attending the school will have to sign a Visitor Self Declaration Form as well as observing all school protocols regarding Covid-19.
- For evacuation reasons, visitors are asked to sign in on entering the premises and sign out on exiting.
- Host staff are responsible for the safety and conduct of visitors and for informing them of local welfare facilities, emergency procedures and any specific risks.



76. Waste Management



- All waste is segregated at source and recycled where possible. Approved waste contractors are engaged for waste removal and recycling.
- In cases where staff cannot safely dispose of waste chemicals, specialist hazardous waste disposal firms must be consulted with.

77. Welfare Facilities



- Coláiste Phádraig shall ensure that adequate welfare facilities are provided on the premises for all staff and students.
- Adequate toilet facilities are provided and maintained in a good clean hygienic condition.
- Adequate washing facilities (including hot water where necessary) and washing and drying materials/equipment are provided and maintained.

78. Weather



- Due to unforeseen weather conditions that as such constitute an issued Yellow / Orange / Red Weather warning staff and students may have difficulties getting to school for the standard start time.
- If this is the case, the Principal will monitor these weather reports and advise the school community accordingly as to whether the school will be opened or closed as the case may be.
- The Principal reserves the right to decide to finish/close early on days where the school deems the weather to be adverse to ensure students and staff can travel home safely.
- Appropriate measures will be taken to safeguard staff and students in the event of significant inclement weather e.g. gritting footpaths where necessary.

79. Work Experience



- The work experience program is an integral part of our school.
- Where possible we intend to facilitate student's participation where it is safe to do so in the coming school year based on DES circulars.
- Employers will be requested to ensure that they have adequate Covid-19 Response Plans in place to safeguard our students.
- Prior to any placement being made, the course organisers should discuss the safety policy of the workplace with the employer and students should be made aware of the potential hazards in the workplace.
- Students who wish to gain work experience in construction are obliged to have a 'Safe Pass' certificate.
- The teacher organising the work experience shall contact each employer to ensure suitable arrangements are in place before student takes up work placement, e.g. safety induction, supervision arrangements, provision of appropriate PPE and insurance arrangements.

80. Wellbeing - Students



- Coláiste Phádraig is committed to establishing and maintaining a School Self-Evaluation Wellbeing Promotion Process in line with the Department of Education & Skills' *Wellbeing Policy Statement and Framework for Practice, 2018–2023, Revised October 2019*.
- This will involve the development, implementation and review of wellbeing promotion in our schools, which includes tracking impact.
- Our school will play a vital role in the promotion of wellbeing through a range of activities and approaches to support the academic, physical, mental, emotional, social and spiritual development of our students.
- We will continue to develop innovative approaches to wellbeing promotion supported by strong leadership, quality teaching and learning that enhances, promotes, values and nurtures student wellbeing.
- Our vision and ambition to Wellbeing Promotion is in line with the Wellbeing Policy Statement and Framework for Practice, 2018–2023, Revised October 2019 i.e. the promotion of wellbeing will be at the core of the ethos of our school.
- We will also seek evidence-informed approaches and support, appropriate to need, to promote the wellbeing of all their children and young people
- We will seek the support (where needed) of the Department of Education Support Services through the Wellbeing Practice Framework and online Wellbeing Resources.



81. Wellbeing – Staff and Stress



What is Work-related Stress?

Stress can be broadly defined as the negative reactions people have to aspects of their environment. Work-related stress simply refers to those reactions due to pressure within the working environment.

“Stress occurs when an individual perceives an imbalance between the demands placed on them on the one hand, and their ability to cope on the other” (Professor Tom Cox, Institute of Work, Health and Organisation).

Each individual member of staff brings into the school their own particular personality, medical history, psychological make-up and coping skills. As a result, what may be stressful for one staff member may not be for another. However, some workplace factors inevitably lead to stress, such as poor communications, role ambiguity, career stagnation, low participation in decision-making, conflict, etc.



Effects of Stress

The effects of stress differ from individual to individual. The experience of stress can change the way a person feels, thinks and behaves and can also produce physical changes. A person will often experience stress in a number of ways. When you are stressed, you are less likely to eat well, get adequate sleep, take exercise and relax. You can also experience irritability, reduced attention span and memory impairment. Irritability due to stress can create secondary problems such as the loss of social support. Being stressed over a prolonged period of time has been associated with increased blood pressure and cardiovascular problems.



Aims

Our policy aims to:

- encourage staff well-being within Coláiste Phádraig and discourage the stigma attached to stress.
- raise awareness of ill health associated with stress, its causes and associated factors.
- to reduce as far as is reasonably practicable within the confines of a school environment, the sources of stress.
- enhance the factors within Coláiste Phádraig that reduce the risk of stress.
- educate staff in techniques for coping with pressure and stress.
- provide systems of support and make sure they are well publicised.
- encourage staff to get help at an early stage.
- make sure there is confidentiality for those who want help.



As staff how can I cope with stress at work?

Manage Your Workload

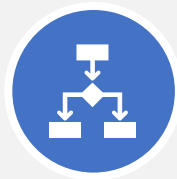
- Set priorities & Manage time effectively.
- Set limits to work and draw boundaries.
- Define problems precisely.
- Break work up into manageable units.
- Recognise your own worth.

Develop Skills

- Improve communication.
- Be more assertive.
- Make decisions.
- Plan your time - including your free time.
- Decide your career goals.
- Avail of training opportunities.

Maintain Physical Fitness

- Eat a sensible diet.
- Have sufficient rest.
- Decide on some agreeable form of exercise and make it a habit.
- Develop interests outside work.



Procedures

- Unruly students have been recognised as one of the major sources of stress for teachers. Coláiste Phádraig recognises this, and teachers should avail of the assistance that is provided to them by the Class Tutors, Year Heads, the Deputy Principal and the Principal etc.
- Clear policies on behaviour exist in the school and these should be referred to. These policies are continually reviewed, and staff are consulted in policy development.
- The Board of Management ensures that staff roles and responsibilities are clearly defined.
- High priority is given to staff training and the Board of Management supports and encourages participation in relevant in-service courses in so far as is reasonably practicable.
- The Board of Management recognises that communication and consultation with staff, which promotes openness and discussion, is essential.
- The Principal brings concerns of staff to the attention of the Board.
- The Board of Management and the Principal ensure, as far as is reasonably practicable, that the physical work environments for staff are safe and do not expose them to risks that may give rise to stress at work.
- It is school practice to make sure that staff take time to review and celebrate positive achievements.
- Social occasions are organised throughout the school term to give staff a chance to relax and socialise with each other outside of the workplace.
- If an employee feels that they are suffering from work-related stress it is important that they seek medical help. They should then discuss with the Principal the causes of their stress and as far as reasonably practicable, the Principal will deal with the issues concerned.



82. Wellbeing – Resources for Staff



Your family doctor is usually the first person to approach in relation to mental health.

Coláiste Phádraig will support you through this time. In addition to seeing your GP the following organisations provide mental support and advice:

- **The EAS** provides advice to employees on a range of issues including wellbeing, legal, financial, bereavement, conflict, mediation etc. The EAS also provides advice and support to managers and delivers interventions to help them deal with health and wellbeing issues in the workplace.”

For further information: <https://www.education.ie/en/Education-Staff/Services/Employee-Assistance-Service/employee-assistance-service.html> Freephone Helpline 1800 411 057 or text ‘Hi’ to 087 3690010

- **Aware**
Depression & Bipolar Disorder Support
www.aware.ie | Tel: 1800 80 48 48 | Email: supportmail@aware.ie
- **Pieta House**
Free therapeutic support to people who are in suicidal distress and those who engage in self-harm.
T: 1800 247 247 | W: www.pieta.ie
- **Turn2me**
They offer self-help, peer support and professional support through an online platform for those who are experiencing poor mental health.
www.Turn2Me.org
- **Grow**
Mental Health support and Recovery Organisation
Tel: 1890 474 474 | Email: alex@bodywhys.ie | www.grow.ie
- **Parentline**
The national helpline for parents
www.parentline.ie
Helpline: 1890 92 72 77 | or 01 873 3500
- **Childline**
The national helpline for young persons
www.childline.ie
Helpline: 1800 666 666



83. Work at Height



- Where working at height becomes necessary we refer to Part 4 of the 2007 Regulations, and take the recommended steps to minimise risk.
- Work at height means working in a place (except a staircase in a permanent workplace) where a person could be injured by falling from it, even if it is at or below ground level.
- Staff must do all that is reasonably practicable to prevent anyone falling a distance liable to cause personal injury.
- The Regulations set out a simple hierarchy for managing work at a height:
 - Avoid work at height where this is reasonably practicable.
 - Use work equipment or other measures to prevent falls where you cannot avoid working at height, and
 - Where you cannot eliminate the risk of a fall, use work equipment or other measures to minimise the distance and consequences of a fall.
- The Regulations also require the school to ensure that:
 - All work at height is properly planned, organised, supervised and carried out.
 - The place where work at height is done is safe.
 - All work at height takes account of weather conditions.
 - Those involved in work at height are instructed and trained.
 - Equipment for work at height is appropriately inspected.
 - The risks from fragile surfaces are properly controlled. and
 - Injury from falling objects is prevented.
- The risk assessment and the action taken should be proportionate to the harm that could occur if no action was taken. It should include a careful examination of what harm could be caused from working at height with a view to taking the necessary steps to reduce the likelihood of this harm occurring, either through avoiding the activity or, where this is not reasonably practicable, by carrying it out in a safe manner using the appropriate work equipment.



84. Violence

The Board of Management of Coláiste Phádraig is committed to the continuance of a school characterised by mutual respect, free from threat or intimidation. To this end dangerous, threatening, aggressive or violent behaviour (hereafter called violent behaviour), whether verbal or physical, is not permitted in the school or among the school community. A separate Code of Behaviour Policy deals with students.

During the course of their work school staff may be at risk in the form of verbal abuse, threats, assaults or other forms of intimidation. This behaviour may come from pupils, parents, guardians, other staff members or visitors. Violent behaviour is categorised as acts against people or property.

The Board of Management of Coláiste Phádraig recognises its duties to:

- provide a safe environment for staff and other persons present in the school.
- minimise the risk of assaults on teachers / Principal / Deputy Principal or other staff employed in the school.
- support staff that have been assaulted or threatened with assault. and ensuring that appropriate action is taken to safeguard against a recurrence.



Preventative Measures

- Policies on violence go hand in hand with policies in relation to bullying, harassment, behaviour etc. These policies need to be reviewed frequently to identify and resolve weaknesses to lessen the threat of violence.
- Communication between home and school should be frequent, open and positive. In this context policies and procedures in relation to visits to the school, meeting with teachers, school discipline, complaint procedures etc. should be in place and parents/ guardians encouraged to communicate with the school as appropriate.
- Parents /visitors who wish to have a consultation with a class teacher should make a prior appointment with the relevant teacher. In urgent cases where a prearranged appointment is not appropriate, parents should, in the first instance, report to the school secretary.
- All visitors are required to report to the school secretary's office. Signs displayed within the school grounds and premises outline this.
- Video surveillance equipment has been installed to help deter violent acts.





Steps to be followed in the Event of an Assault

- In the event of an assault, a staff member should not try to resist if cash or goods are the obvious motive for the attack. Depending on the circumstances and the level of training, the member should endeavour to calm down the assailant and seek assistance as quickly as possible.
- The incident should be immediately reported to the Principal/Deputy Principal.
- Where necessary, immediate medical assistance should be sought. Debriefing is essential as soon as possible after the event. Staff are entitled to time off work and counselling if needed.
- The matter should be reported to the Gardaí, where appropriate. The staff member who was assaulted would normally make this report.
- The details of the incident should be recorded. The information recorded should include personal details (name, age, occupation) of the victim and assailant where available, description of what happened, why did it happen, when and where it happened, description of any injuries sustained and weapons used, what procedure failed. Situations in which staff members have been intimidated or threatened with physical violence should also be recorded. Reports should be made to the Health and Safety Authority and the States Claims Agency as required.
- The Board of Management should be notified of the incident and where necessary an emergency meeting of the Board of Management should take place. The Board should consider notifying its legal advisors and insurance company of the incident as appropriate.
- Where an assault is by a pupil the matter should be dealt with in accordance with the school's Code of Behaviour.
- Repeatedly aggressive pupils should be referred, with the consent of parents/guardians, for psychological assessment in order to assess the pupils' social and emotional needs and to determine how these can be best met.
- Where a parent/guardian or visitor commits the assault, the Board of Management should immediately instruct the person in writing not to make direct contact with the staff member/school pending full consideration of the matter. Subsequently the Board of Management should correspond with the parent/guardian or visitor stating:
 - that it considers the assault unacceptable and what action the Board of Management intends to take.
 - outlining what pre-conditions should be met before access to the school is restored.
- Where a staff member commits the alleged assault, the Board of Management should immediately instruct the member in writing not to make direct contact with the victim pending full consideration and investigation of the matter. The question of suspension may also need to be considered prior to further action/disciplinary measures being taken.



